

Series — The Art of Bouncing Back

Message #1: Breaking Point

Text: Acts 14:19-22; 16:22-24; 18:9-11



NOTES

Life Group Questions

1. What was the most pressure-packed season of your life? Tell why.
2. Have you ever started something filled with excitement and confidence, only to have the wind knocked out of your sails? What was that experience like?
3. What is resilience?
4. Read Acts 14:1-20
 - What is happening in this story?
 - How does Paul respond to his circumstances?
 - What do you think you would have done?
5. Read Acts 18:1-17 together. After you've read the story, walk through the details together.
 - Who were the characters?
 - What was happening? Where were they?
 - What were the results and who was impacted?
6. Reread Acts 18: 9-11.
 - In Acts 16, Paul is beaten and jailed. In Acts 17, he is run out of Thessalonica and separated from his team. Now he faces these events in Corinth. What do you think was his emotional state before the vision from God?
 - What about after the vision from God?
7. Often times there is a perception that God's presence in our lives equals the relief or resolution of our problems. In other words, when problems arise, God is not present. How do you think Paul would respond to that perception?
8. In what area of your life do you need to develop resilience? Close by praying for God to do a powerful work in our lives through this series.